



**SPRING 2024 ENRICHMENT CLASSES**  
**Held at Nashua High School South & North**  
**JANUARY THROUGH JUNE 2024**  
**Jacalyn Lesser, Director**

| Class Name  | Date              | Weeks | Location         | Time        | Instructor           | Non-Nashua Residents pay Higher Fee |
|---|-------------------|-------|------------------|-------------|----------------------|-------------------------------------|
| <b>Monday Classes are held at NHS South</b>                                       |                   |       |                  |             |                      |                                     |
| Pottery & Ceramics  | 2/5/24 – 6/3/24   | 15    | <b>NHS SOUTH</b> | 3:00 – 6:00 | Robin Peringer       | \$190/\$215<br>+\$50 lab            |
| <b>Tuesday Classes are held at NHS South and North</b>                            |                   |       |                  |             |                      |                                     |
| Pottery & Ceramics  | 1/30/24 – 5/28/24 | 16    | <b>NHS SOUTH</b> | 5:00 – 8:00 | Robin Peringer       | \$225/\$250<br>+\$50 lab            |
| Beginning Water Color   | 3/5/24 – 5/14/24  | 10    | <b>NHS SOUTH</b> | 5:30 – 7:30 | Sahar Ghavimi        | \$150/\$175<br>+ Water Color Kit    |
| Digital Photography   | 2/6/24 – 5/28/24  | 15    | <b>NHS SOUTH</b> | 5:00 – 7:00 | Angela Walsh         | \$150/\$175                         |
| Reenacting the Constitution   | 3/5/24 – 5/14/24  | 12    | <b>NHS SOUTH</b> | 6:00 – 7:30 | Louis Mayfield       | \$150/\$175                         |
| Pottery & Ceramics  | 1/30/24 – 5/28/24 | 16    | <b>NHS NORTH</b> | 5:30 – 8:30 | Rod Coffin           | \$225/\$250<br>+\$50 lab            |
| <b>Wednesday Classes are held at NHS North</b>                                    |                   |       |                  |             |                      |                                     |
| Biology   | 2/7/24 – 5/29/24  | 15    | <b>NHS NORTH</b> | 3:00 – 6:00 | Neeta Masand         | \$180/\$200                         |
| Chemistry   | 2/7/24 – 5/29/24  | 15    | <b>NHS NORTH</b> | 3:00 – 6:00 | Suzanne Taylor       | \$180/\$200                         |
| Pottery & Ceramics  | 2/7/24 – 5/29/24  | 15    | <b>NHS NORTH</b> | 2:15-5:15   | Rod Coffin           | \$225/\$250<br>+\$50 lab            |
| Pottery & Ceramics  | 1/31/24 – 5/29/24 | 16    | <b>NHS NORTH</b> | 5:30-8:30   | Rod Coffin           | \$225/\$250<br>+\$50 lab            |
| <b>Thursday Classes are held at NHS North<br/>(No class on Thursday March 14)</b> |                   |       |                  |             |                      |                                     |
| Pottery & Ceramics  | 2/1/24 – 6/6/24   | 16    | <b>NHS NORTH</b> | 5:30 – 8:30 | Jerrie Lajeunesse    | \$225/\$250<br>+\$50 lab            |
| Culture, History & Mythology of Greco-Roman Civilization                          | 3/21/24 – 4/18/24 | 5     | <b>NHS NORTH</b> | 6:00 – 7:00 | Andrew Bray          | \$70/\$95                           |
| Hair Care, Braiding & Up Styles   | 2/8/24 – 4/11/24  | 7     | <b>NHS NORTH</b> | 5:30 – 6:30 | Colleen Cherico      | \$98/\$123                          |
| Spanish for Beginners   | 3/21/24 – 5/6/24  | 16    | <b>NHS NORTH</b> | 5:30 – 8:30 | Jude Everett-Canales | \$150/\$175                         |
| African Cooking   | 3/28/24 – 6/6/24  | 10    | <b>NHS NORTH</b> | 5:30 – 7:30 | LaFortune Djabea     | \$105/\$130<br>+\$100 lab/food      |
| Yoga for Beginner and Intermediate Level  | 2/8/24 to 5/2/24  | 10    | <b>NHS NORTH</b> | 6:00 – 7:00 | Carol Coleman        | \$120/\$145                         |

**Fees are payable at the time of registration.** Make checks payable to the Nashua School District. A \$25 processing fee will be charged for returned checks. We do not accept credit card payments. Full refunds are granted if course is cancelled or if requested before the second class meeting.

Nashua High School North, Room A106  
8 Titan Way, Nashua, NH 03063

Nashua High School South, Room A2003  
36 Riverside Street, Nashua, NH 03062

(603) 966-2420

## COURSE DETAILS

### **BIOLOGY - NHS NORTH – Wednesdays – 2/7/24 – 5/29/24**

In this introductory life science course, students cultivate an understanding of biology through inquiry-based investigations while exploring the following topics: evolution, cellular processes, DNA, genetics, ecology, energy pathways in plants and animals and interactions among organisms.

### **CHEMISTRY - NHS NORTH – Wednesdays – 2/7/24 – 5/29/24**

Students learn modern concepts in the lab developing skills such as mass measurements, analysis of data and samples, synthesis of compounds and model building. Students will study nomenclature, equation and formula writing, physical and chemical properties, the mole concept, and energy relationships.

### **POTTERY & CERAMICS – NHS SOUTH – Mon. afternoon & Tue. eve. & NHS NORTH – Tue., Wed., & Thurs. eves.**

Students will create many pieces, explore a variety of surface decoration techniques, learn how to throw on the potter's wheel and about firing in a kiln. Well thought out forms, designs and functional uses along with good craftsmanship are emphasized. All classes have wait lists. Contact Adult Education if you wish to add your name to the list.

### **BEGINNING WATER COLOR – NHS SOUTH – Tuesdays – 3/5/24 – 5/14/24**

Learn the basics of water color painting including materials needed, color-mixing, various application techniques and more to create your own artwork.

### **DIGITAL PHOTOGRAPHY – NHS SOUTH – Tuesdays – 2/6/24 – 5/28/24**

This course covers both the technical and artistic aspects of photography and digital imaging. Topics include camera operation, exposure, composition, and lighting. Students will use Photoshop to manipulate and edit images. Through assignments in photographing nature, portraits, motion, mood and existing light and through the study of the styles of many renowned photographers, students will begin to develop their artistic sense and photographic vision. Bring your own digital camera with manual adjustments (DSLR)

### **RE-ENACTING THE CONSTITUTION – NHS SOUTH – Tuesdays – 3/5/24 – 5/14/24**

Re-enacting the Constitutional Convention of 1787 is a fun way to learn how the U.S. Constitution was written and the importance of its design. This class is intended to be experiential rather than lecture-based. You will be assigned a particular role of an actual delegate to the Constitutional Convention, study that role, and act out your delegate's historical arguments and ideas in class. The ultimate goal is for students to create their own constitution and compare it to the US Constitution as written in 1787.

### **CULTURE, HISTORY & MYTHOLOGY OF GRECO-ROMAN CIVILIZATION – NHS NORTH – Thursdays - 3/21/24 – 4/18/24**

In this class you will explore the minds and lives of the civilizations in classical antiquity. Learn how today's way of life has been influenced by the language, culture, government and religion of the Greeks and Romans.

### **HAIR CARE, BRAIDING & UP STYLES – NHS NORTH – Thursdays - 2/8/24 – 4/11/24**

Learn the art and science of hair care and gain hands-on experience with braiding and up style techniques.

### **SPANISH FOR BEGINNERS – NHS NORTH – Thursdays – 3/21/24 – 5/6/24**

Bienvenido! Open the door to new opportunities for travel, work and study as you learn to communicate in Spanish and explore Spanish culture.

### **AFRICAN COOKING – NHS NORTH – Thursdays – 3/28/24 – 6/6/24**

Learn the cooking methods and experience the tastes of traditional foods of Africa, from the Ivory Coast to the Congo, to Ethiopia and Morocco! Learn how the African culture and foods bursting with flavors have influenced cuisine world-wide.

### **YOGA - NHS NORTH – Thursdays – 2/8/24 to 5/2/24**

A flowing Vinyasa style of yoga focusing on breathing, stretching, and strengthening as we move the entire body. All levels welcome. Please bring a yoga mat.